



Topical application of cannabinoid-ligands ameliorates experimental dry-eye disease

Bao N. Tran^a, Martina Maass^a, Gwen Musial^a, Michael E. Stern^{a,b}, Uta Gehlsen^{a,1}, Philipp Steven^{a,*}

^a Division of Dry-Eye and Ocular GVHD, Department of Ophthalmology, Faculty of Medicine and University Hospital Cologne, University of Cologne, Cologne, Germany

^b ImmunEyez LLC, Irvine, CA, USA

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ABSTRACT

Purpose: Dry eye disease (DED) is a multifactorial disease, with limitations regarding efficacy and tolerability of applied substances. Among several candidates, the endocannabinoid system with its receptors (CB1R and CB2R) were reported to modulate inflammation, wound healing and pain, which are also core DED pathomechanisms. This study is to investigate the therapeutic responses of Δ -9 tetrahydrocannabinol (a non-selective agonist) and two selective antagonists, SR141716A (CB1R antagonist) and SR144528 (CB2R antagonist), as a topical application using a DED mouse model.

Method: Experimental DED was induced in naïve C57BL/6 mice. Expression of CBR at the ocular surface of naïve and DED mice was determined by qPCR and in-situ hybridization. Either THC or CBR antagonists were compounded in an aqueous solution and dosed during the induction of DED. Tear production, cornea sensitivity, and cornea fluorescence staining were tested. At the end of each experiment, corneas were stained with β 3-tubulin for analysis of corneal nerve morphology. Conjunctiva was analyzed for CD4⁺ and CD8⁺ infiltration.

Results: CB1R and CB2R are present at the ocular surface, and desiccating stress increased CBR expressions ($p < 0.05$). After 10 days of DED induction, treated groups demonstrated a reduced CBR expression in the cornea, which was concurrent with improvements in the DED phenotype including fluorescence staining & inflammation. Applying THC protected corneal nerve morphology, thus maintained corneal sensitivity and reduced CD4⁺ T-cell infiltration. The CB1R antagonist maintained cornea sensitivity without changing nerve morphology.

Conclusions: Endocannabinoid receptor modulation presents a potential multi-functional therapeutic approach for DED.

1. Introduction

Dry eye disease (DED), a high-prevalence and multifactorial disease [1], consists of complex interplay among pathomechanisms such as tear film instability, evaporation, dysfunction of meibomian glands, secretion of pro-inflammatory mediators (such as TNF- α , IL-1 β , or IL-17), damage of epithelial cells, and attenuation of corneal nerve function [2]. These pathomechanisms cause dysfunction of the lacrimal functional unit, in which, further external and internal triggers such as environmental stress, infections, surgery, or drugs exacerbate the disease [3]. DED therapy aims at restoring a normal ocular supportive tear composition, volume and stability, reducing inflammation, restoring meibum secretion and improving impaired wound healing. Topical

therapeutic regimens typically consist of anti-inflammatory formulations and artificial tears (no active compound). In addition, mechanical warming of the lid margins (meibomian glands), topical autologous serum and vaulted contact lenses can also be utilized [2,4]. Although multiple therapeutic options are available to physicians and patients, treatment failures are common. Besides the limited efficacy of selected drugs and procedures, the most common cause of these failures is lack of compliance related to overload of different products and occurring side-effects [2,4,5].

Therefore, there is a demand for new therapies with higher efficacy, ideally targeting multiple pathomechanisms in the DED vicious circle simultaneously to reduce the number of different products. Recently, the cannabinoid system (ECS) has been shown to have potential therapeutic

* Corresponding author.

E-mail address: philipp.steven@uk-koeln.de (P. Steven).

¹ The authors contributed equally.

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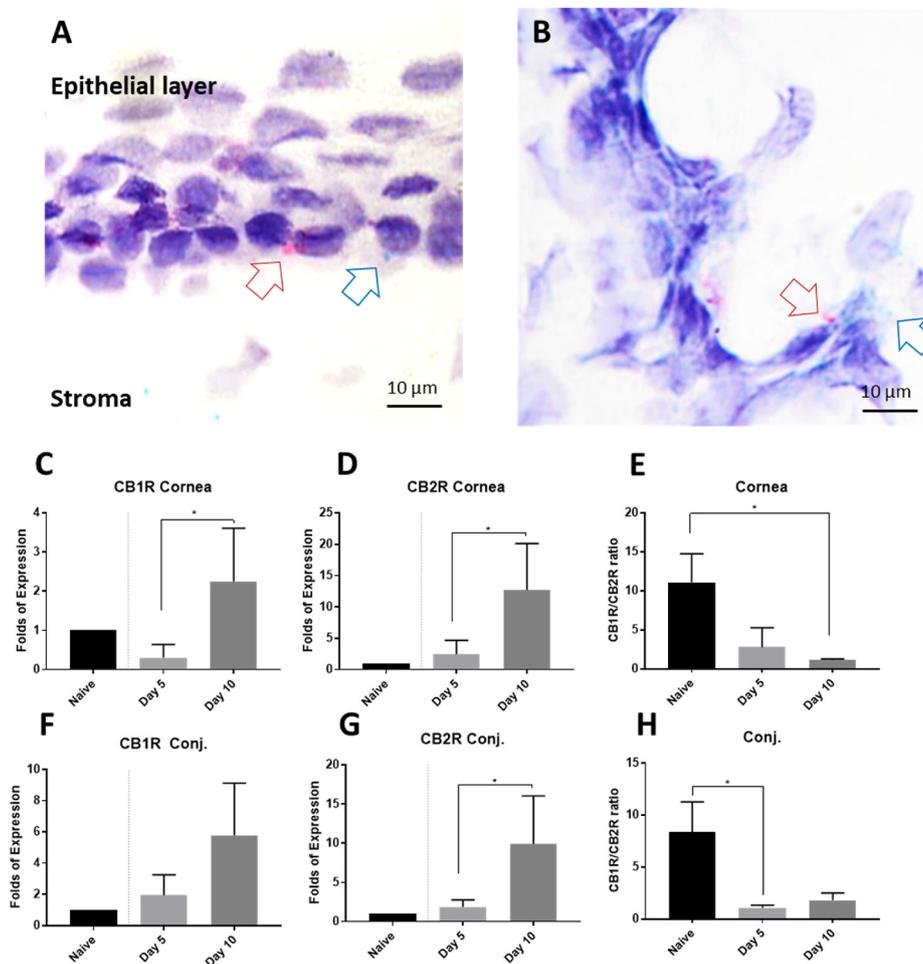


Fig. 1. Expression of CB1R and CB2R in ocular tissue in naïve and DED mice: In-situ hybridization confirmed the expression of CB1R (blue) and CB2R (red) in the cornea (A) and conjunctiva (B). RT-qPCR results of the expression of CB1R (C and F) and CB2R (D and G) in cornea and conjunctiva (Conj.) during 10 days of DS, the control group (naïve) is separated with a vertical line. CB1/CB2 ratios significantly decreased in the cornea (E) and conjunctiva (H) during 10 days of DS. *: $p < 0.05$.

effects on neurotransmission [6], inflammatory symptoms [7], and epithelial injuries [8] in the ocular surface and related tissues. ECS is a biological system including cannabinoid receptors (CBRs), endogenous ligands, and relating enzymes. CBRs which are ubiquitously present in the human body and involved in various physiological processes such as pain regulation, inflammation reduction, and wound-healing improvement [9,10].

The cannabinoid receptor 1 (CB1R) is expressed on axons and synaptic terminals of sensory neurons [11,12]. Activation of CB1R decreases the release of neurotransmitters such as GABA [13], noradrenaline [14], substance P, and other mediators [15], which then prevents neuro-toxicity and neuronal damage [13,16]. CB1R-related pathways were described to be involved with maintaining neuro-protection, synaptic integrity, and plasticity in central nervous system or retina [16,17]. Besides, CB2R is present on various immune cells such as macrophages, dendritic cells, and T-cells [18]. Additionally, changes in the local milieu of inflammatory mediators regulate CB2R expression [19]. Activating CB2R leads to inhibiting these immune cells' activities and reducing production of IFN- γ , TNF α , and other cytokines [18,20]. Apart from potential therapeutic effects on pain and inflammation, evidence for the role of cannabinoids in corneal epithelium injuries and re-epithelialization was published [8,21].

This study was set up to analyze the role of the ECS in DED and to investigate the topical use of cannabinoid ligands as a potential multifunctional therapy. Using a DED mouse model, we tested the hypotheses that (i) CB1R and CB2R expression is altered in experimental dry-eye

disease and (ii) the *in-vivo* use of cannabinoid ligands (formulated as eye drops) would attenuate the dry-eye phenotypes of the model used.

2. Materials & methods

2.1. Desiccating stress (DS) mouse model (DED)

All experiments were performed using C57BL/6 N mice (female, 8–12 weeks, Charles River Laboratories, Germany), mice were housing in the normal conditions for 2 weeks before experiments. Husbandry and all experimental procedures followed approved protocols based on the State Agency for Nature, Environment, and Consumer Protection of the State of North Rhine-Westphalia, Germany (LANUV).

Experimental dry-eye was induced as published previously with minor modifications [22–24].

Specifically, each mouse received scopolamine hydrobromide (5 mg/kg/day) through an implanted osmotic pump (Model 1002, Alzet, CA, USA), and were placed under desiccating conditions for 14 consecutive days (humidity: $25 \pm 5\%$, temperature: $25 \pm 5^\circ\text{C}$, constant airflow for 19 h/day, following regulations of the animal ethics committee).

For substance testing, mice ($n = 5$ /each) were treated with either drug formulation of Δ^9 -tetrahydrocannabinol (THC, non-specific agonist), SR-141716A (CB1R selective antagonist), or SR144528 (CB2R selective antagonist) (3 times/d, 5 μl /eye). Each experiment was conducted with one group of the carrier, and another group of mice served as untreated DED control. Two independent sets of experiments

were performed for each formulation, data was presented from a representative set of experiment, 5 mice (10 eyes) per group. Mice were screened for a dry eye phenotype before DED-induction (baseline) (average of FL score of in each mouse is up to 1). If a group contained one mouse with one eye of FL grade 2, this was defined as being acceptable to meet 3R-principles (Replacement, Reduction, Refinement). Mice with a significant higher baseline or signs of ocular surface disease (both eyes FL grade 2 or higher) were excluded. All readouts were performed in a blinded fashion.

To quantify corneal epitheliopathy, 3 μ L of 1% fluorescein sodium (Fluorescein Alcon, TX, USA) was topically applied onto mouse eyes, then the eye was rinsed once with sodium chloride before measurement. Corneal staining was observed using a binomicroscope and a cobalt blue light source (Illuminator Intensilight C-HGFI, Nikon, Tokyo, Japan). Fluorescein score (FL score) was graded (from 0 to 5) using a modified Oxford scheme on both eyes of each mouse [25]. Representative images of FL staining are provided as suppl Figure 1. Data was presented for 5 mice (10 eyes) per group.

To measure tear production (TP), a cotton phenol red thread (Zone Quick, Sigma Pharmaceuticals, IA, USA) was placed into the lateral canthus for 10 s. Wetting of the phenol red thread was measured in mm using a ruler. Phenotyping was performed 12 h after last topical application of any eye drop to prevent interference.

To measure corneal mechanical sensitivity (sensitivity), serialized filaments with different thicknesses (von Frey filament, Bioseb, Chaville, France) were carefully applied to the central cornea without anesthesia. Blinking response was noted as a positive mechanical threshold. Corneal sensitivity was tested according to the “simplified up-down” method published by Bonin [26,27] (For details, see supplement).

2.2. Drug formulation

A license for handling Tetrahydrocannabinol was obtained from the Federal Institute for Drugs and Medical Devices (Bundesopiumstelle des Bundesinstituts für Arzneimittel und Medizinprodukte, Lincence Nr: 463 1128). Δ 9-tetrahydrocannabinol (THC) was purchased from Bionorica SE, Neumark, Germany. THC was weighed and processed according to the guidance of the producer. Two antagonists, SR-141716A (Anta CB1) for CB1R and SR144528 (Anta CB2) for CB2R, Cremophore EL, and dimethyl sulfoxide (DMSO) were purchased from Sigma Aldrich, Darmstadt, Germany.

Briefly, cannabinoid substances were dissolved in DMSO to form a stock solution (20 mg/mL). Then the stock solution was diluted with DMSO, Cremophore and isotonic sterile saline to get required concentrations. Carrier for THC was Cremophore EL (10%) and DMSO (15%) in isotonic sterile saline. Carrier for Anta CB1 or Anta CB2 was Cremophore EL (5%) and DMSO (7.5%) in isotonic sterile saline (0.9%).

2.3. Immunohistochemistry

Corneal nerve fiber staining and quantification: Whole corneas were fixed with paraformaldehyde (4% in PBS) for 30 min and incubated with rabbit anti-mouse β 3-tubulin (dilution 1:1000) (ab18207, Abcam, Cambridge, UK) at 4 °C overnight followed by a second antibody (diluted 1:150 in PBS), goat anti-rabbit IgG (HL, Alexa Fluor 488, A11034, Thermo Fisher, CA, USA), for 60 min at room temperature, protected from light [28]. Images from the central cornea (830 \times 590 μ m) were taken by using a BX53 Olympus (Hamburg, Germany) microscope and then analyzed using a semiautomatic algorithm established using the freeware imaging program MeVisLab (version 2.8.1., Germany). For this, fluorescein images were loaded into Mevislab. Depending on image quality (brightness, sharpness, and fluorescein signals), up to 10 seed points and Region growing parameters were manually set. Area covered by nerve were detected by the software (binary images) with excluding the background [29,30]. Then the binary images were skeletonized (1pixel width). The axon length per area

(mm/mm²) was quantified from the skeletonized images. Experiment was conducted with 5 mice per group, in which, both eyes of each animal were used (n = 10).

Conjunctival CD4⁺ or CD8⁺ cell staining: Mouse eyes with attached lids (n = 4/group) were excised and flash frozen in liquid nitrogen. Tissue cryosections (8 μ m) were fixed with acetone (−20 °C, 10 min), and then stained with the primary antibody at dilution 1:150, CD4 Monoclonal Antibody (GK1.5, 14-0041-85, eBioscience, Waltham, MA, USA) or CD8a Monoclonal Antibody (14-0081-82, eBioscience). The secondary antibody staining, Goat anti-Rat IgG (HL, Alexa Fluor 555, A21434, eBioscience, Waltham, MA, USA) was performed at room temperature for 1 h (1:150 dilution), and followed by nuclear counterstaining with Hoechst (Sigma- Aldrich, St. Louis, MO, USA). Two sections from each eye were examined and photographed with the BX53 Olympus (Hamburg, Germany) microscope. CD4⁺ or CD8⁺ density was measured as numbers per 100 μ m in the conjunctival epithelium.

2.4. RNA extraction, reverse transcription, and quantitative real-time PCR

Entire cornea and conjunctival tissues (from 2 eyes) are added to a tube containing the lysis buffer, and snap frozen in liquid nitrogen. QIAGEN RNeasy Plus Mini Kit (Venlo, Netherland) was used according to the manufacturer’s instructions to isolate RNA. RNA concentration was measured using NanoDrop 2000 (Thermo Fisher, DE, USA). First-strand cDNA was synthesized from 400 ng of total RNA with Thermo Scientific RevertAid Synthesis Kit (DE, USA). Real-time PCR (qPCR) was performed by using SsoFast EvaGreen Supermix (Biorad Laboratories, CA, USA). The primers for qPCR amplification of CB1R and CB2R were designed by Primer 3 [31,32]. Primer pair for CB1R were TTGCTCA-GACATCTTCCACTC and CTGTGAGCCTTCCAGAGAATGT (1369–1488), and the primer pair for CB2R were GTGAAGACAAGGGACCTGTTCT and AGGATGAAGCAGGAACCAGAAG (1696–1852). The HPRT gene was used as an endogenous reference for each qPCR run. Gene expression of mRNA of CB1R and CB2R were analyzed by the comparative CT method (2^{− $\Delta\Delta$ Ct}). Each 96-well reaction plate contained the following groups: DED untreated group, 3 groups treated with different drug formulation, and the carrier-treated group (n = 5 sample per group). The results were normalized by the Ct of the reference gene, and the mean Ct of mRNA level in the control group was used as the calibrator [33,34].

Real-time qPCR was also performed to detect the expression of IL-1 β in the cornea, IL-1 β and IFN- γ in the conjunctiva. Primer pair for IL-1 β were GTCCTGTGTAATGAAAGACGGC and CTGCTTGTGAGGTGCT-GATGTA, primer for IFN- γ were CTTTGACAGCTCTTCCTCAT and GTCACCATCCTTTTGCCAGT.

2.5. In situ hybridization

To detect the distribution of CB1R and CB2R within the ocular tissues, whole eye samples were snap-frozen in liquid nitrogen and stored in −80 °C before cryostat sectioning. Tissue sections (10 μ m) were treated with pretreatment solutions of proprietary compositions (Advanced Cell Diagnosis, CA, USA). RNA hybridization was performed using the RNAscope® 2.5 HD Duplex Reagent Kit (322430, Advanced Cell Diagnosis) with probes for CB1R and CB2R, RNAscope Probe - Mm-Cnr1 (420721) and RNAscope Probe - Mm-Cnr2-C2 (407351-C2) (Advanced Cell Diagnosis, CA, USA). After hybridization, sections were counterstained with hematoxylin Gills and mounted with Vectamount (Vector Labs, CA, USA). Samples were analyzed using a standard bright-field microscope (BX53 Olympus, Hamburg, Germany).

2.6. Data analysis

The results are reported as mean \pm standard deviation. Statistical analyses were carried out using Graph-pad Prism 7.04 (GraphPad, CA,

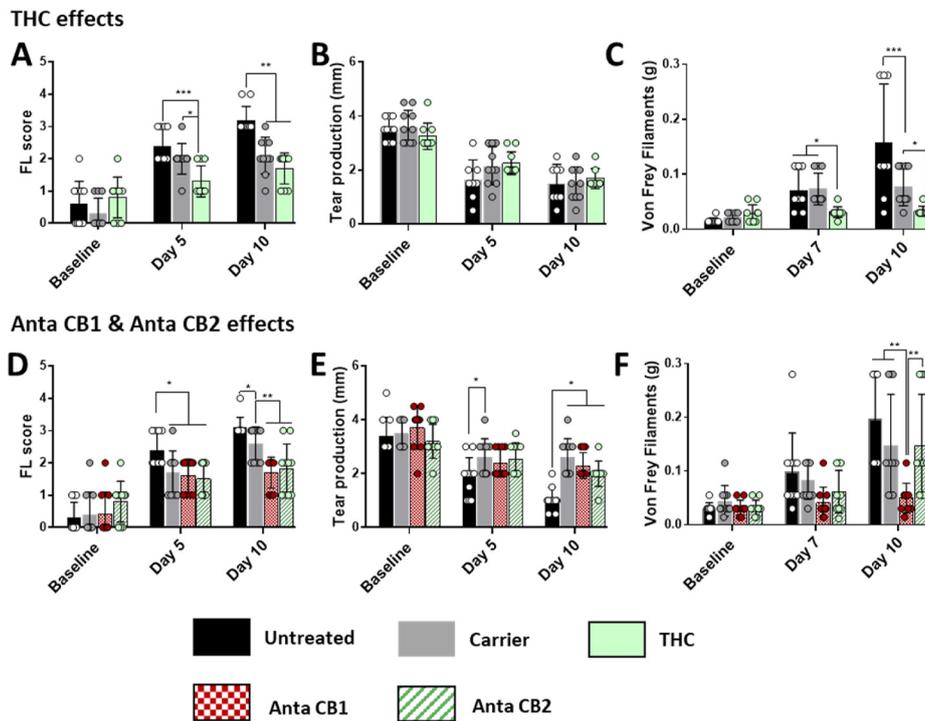


Fig. 2. Effects of THC (A–C) and antagonists (D–F) on in-vivo phenotypes including FL score (A, D), tear production (B, E), and sensitivity by von-Frey filaments (C, F), (n = 5 mice/10 eyes, each circle represents one eye). Topical application of either THC, Anta CB1 or Anta CB2 lead to distinct alterations of dry-eye phenotype. *: p < 0.05, **: p < 0.01, ***: p < 0.001. Data are representative of two sets of independent experiments.

USA). Statistical differences among groups in readouts were compared by non-parametric ANOVA with Tukey post hoc. A p-value of less than p < 0.05 was considered statistically significant.

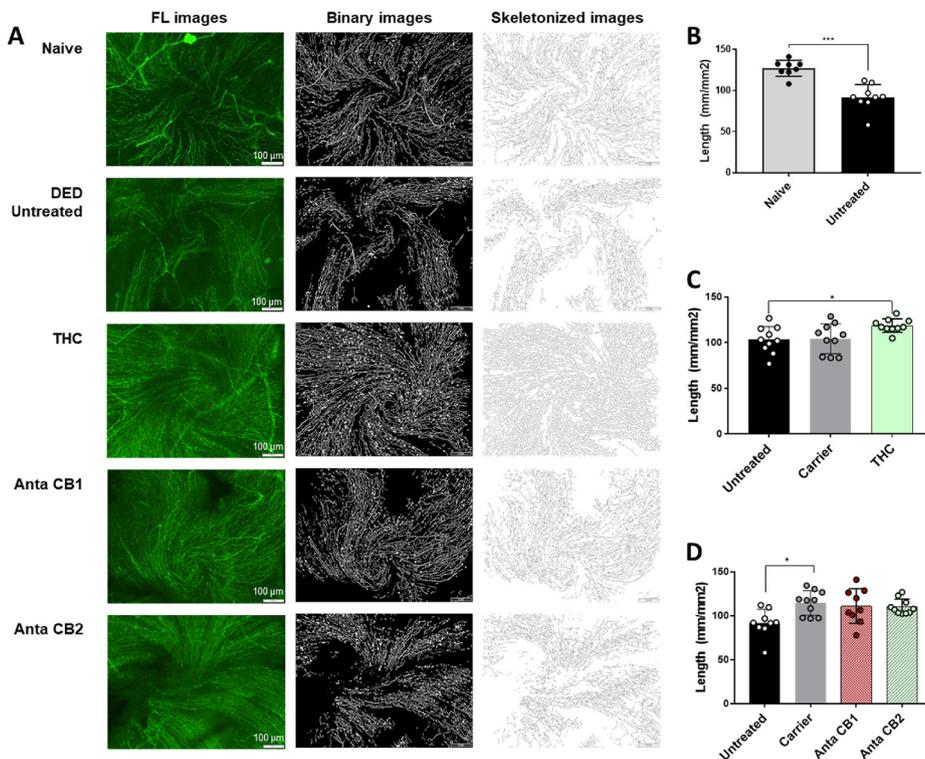


Fig. 3. A) Representative immunohistology images (left, green: β 3-tubulin) with related binary and skeletonized images (right) (bar = 100 μ m) are presented (center areas of the cornea at day 10 of DS). DS reduced nerve morphology, while THC maintained nerve morphology after 10 days of DS. (B) Nerve length per mm² (in mm/mm²) in the central cornea of naïve and untreated DED (B), and cannabinoid treatment groups (C, D) at day 10 (n = 10 corneas per group). *: p < 0.05.

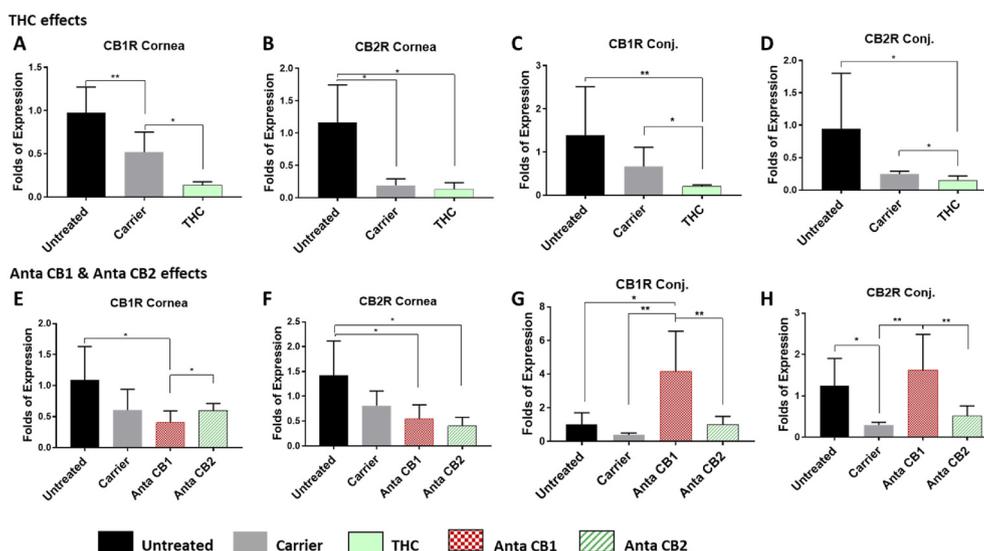


Fig. 4. Effects of THC (A–D) and antagonists (E–H) on expressions of CB1R and CB2R in the cornea and conjunctiva at day 10 of DS. (n = 5 mice (10 eyes)/group). *: p < 0.05, **: p < 0.01, ***: p < 0.001. RT-qPCR data showed the relative folds of CBR expressions in the cornea and conjunctiva on day 10 of DS. In the cornea, THC, Anta CB1, and Anta CB2 reduced the expression of CB1R and CB2R. In the conjunctiva, treatment with different ligands modified the CBR expression.

3. Results

3.1. CB1R and CB2R expression

3.1.1. Expression of CB1R and CB2R in naïve mice

In-situ hybridization experiments showed that CB1R and CB2R are expressing in naïve cornea and conjunctiva (Fig. 1A and B). In detail, CB1R and CB2R signals are present mainly in the epithelial layer of the cornea and conjunctiva. In the corneal stroma and conjunctiva substantia layer, both CB1R and CB2R were detected, however, in a less frequent and more scattered pattern (Fig. 1A and B).

3.1.2. Effects of desiccating stress on CBR expression

To quantify the amount of CB1R and CB2R, RT-qPCR of the cornea and conjunctiva of naïve and DED mice was performed (Fig. 1C–H). During DED-induction, the mRNA level of CB1R and CB2R in the cornea and conjunctiva increased significantly (Fig. 1C–H). In the cornea, CB1R and CB2R expressions increased by 2.64 and 12.74 folds respectively compared to baseline levels (Fig. 1C and D), the ratio of CB1R/CB2R in the cornea was significantly decreased at day 10 compared to baseline (Fig. 1E). A similar trend was also found in the conjunctiva (Fig. 1F–H).

3.2. Topical application of cannabinoid ligands

3.2.1. Effects on dry-eye phenotype in-vivo

Topical application of THC (Fig. 2A–C) or Anta CB1 or Anta CB2 (Fig. 2D–F) lead to distinct alterations of dry-eye phenotype.

Corneal FL scores in mice treated with THC were significantly lower than the untreated (p < 0.001) and the carrier group (p < 0.05) on day 5. On day 10 the THC group has less corneal staining but demonstrated no statistical difference to the carrier group (Fig. 2A). Corneal FL scores in mice treated topically with Anta CB1, Anta CB2 and carrier were significantly lower compared to untreated mice at day 5 (p < 0.05). After 10 days of treatment, a significantly lower FL score was observed in the Anta CB1 and Anta CB2 group compared to both the carrier group (p < 0.01) and untreated group (p < 0.01) (Fig. 2D).

Tear production (TP) was reduced in the untreated group, from 3.5 ± 0.7 (baseline) to 1.0 ± 0.4 (day 10, p < 0.05) (Fig. 2B). Treatments with THC, Anta CB1, and Anta CB2 showed significantly higher TP values than the untreated group on day 10 (p < 0.05) (Fig. 2B and E).

There was no statistical difference between cannabinoid formulations and relating carriers.

DS reduced corneal sensitivity of the untreated group (the von-Frey filament force increased significantly, p < 0.01, Fig. 2C & F). After THC treatment, corneal sensitivity remained at a baseline level during 10 days of DS. THC-treated mice responded to filaments with less thickness compared to the carrier-treated (p < 0.05) and untreated mice (p < 0.001) at Day 7 and 10 (Fig. 2C). Interestingly, Fig. 2F showed that only the Anta CB1 group exhibited a normal corneal sensitivity. Anta CB1 responded to lower filament force compared with the Anta CB2 and the carrier group (p < 0.01). No statistical difference was detected among Anta CB2, carrier, and untreated groups at day 7 or 10.

Over the entire application period, mice did not show any behavioral alterations.

3.2.2. Corneal nerve morphology

Representative images of corneal nerve morphology are shown in Fig. 3A. DS for 10 days induced a significant reduction of nerve morphology in DED mice (compared to naïve mice), in which nerve-free areas were observed in the center of the cornea (Fig. 3A, DED mice). Fig. 3A also showed that the THC group had higher density than DED mice and other Anta CB1 or Anta CB2 groups.

Semi-automatic quantification of the nerve length per mm² (in mm/mm²) demonstrated a significant decrease of corneal nerve. The value of DED untreated mice was 91.81 ± 15.61 mm/mm², which is lower than that of naïve (133.24 ± 19.17 mm/mm²), (p < 0.01, Fig. 3B).

THC treatment (Fig. 3C) lead to a significantly higher nerve length per mm² in comparison with untreated DED mice (p < 0.05). There was no significant difference between the carrier and untreated groups.

Fig. 3D presents the effect of antagonist treatments on corneal nerve length per mm². After 10 days of treatment, only carrier (114.72 ± 13.91 mm/mm²) showed an increased effect on corneal nerve length per mm² compared to the untreated DED mice. In contrast, Anta CB1 and Anta CB2 did not significantly affect the corneal nerve morphology compared to the untreated group.

3.2.3. Effect of topical cannabinoid treatment on CBR expression

Fig. 4 depicts the expression of CBRs in DED-mice treated with THC, Anta CB1, or Anta CB2. In the cornea, topical application of THC (Fig. 4A–D) lead to a reduction of CB1R and CB2R expression compared to the untreated control. The THC group demonstrated a lower CB1R

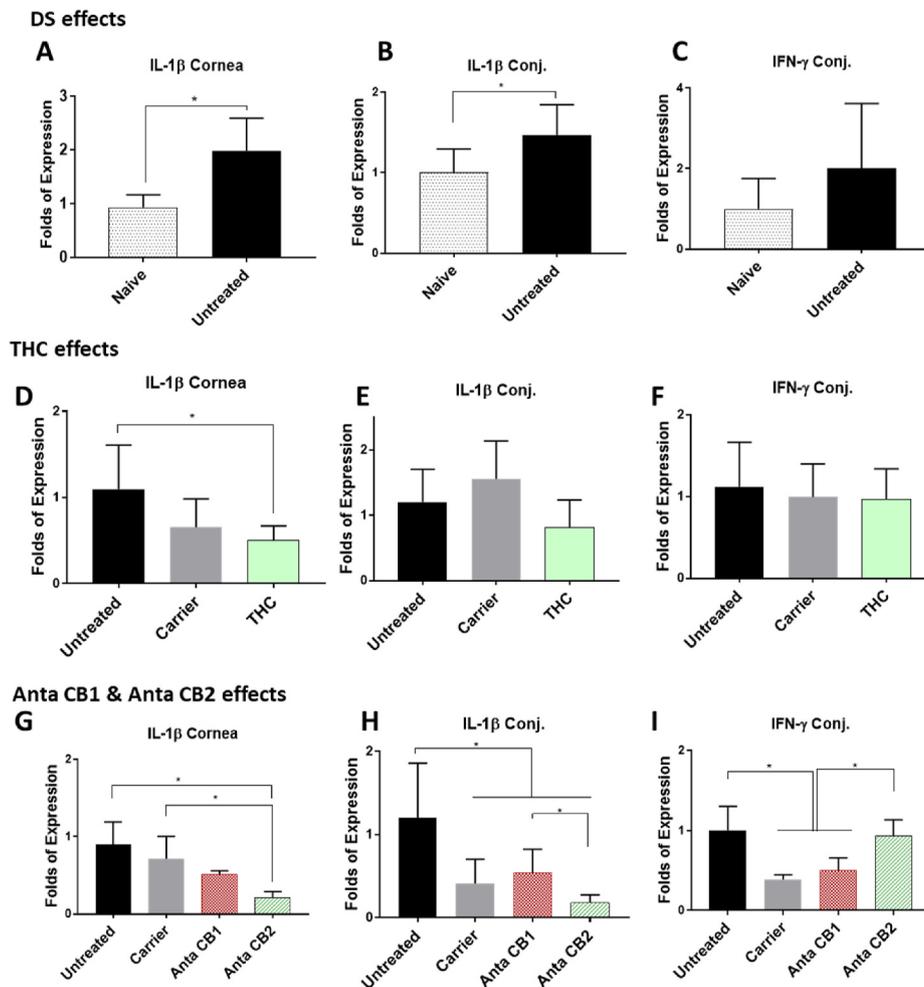


Fig. 5. Effects of DS (A–C), THC (D–F) and antagonists (G–I) on cytokines in the cornea and conjunctiva after 10 days. (A–C) DS induced an increase of IL-1β in the cornea and conjunctiva. In the cornea, THC, Anta CB1, and Anta CB2 reduced IL-1β (D, G). In the conjunctiva, while THC showed no significant effects, Anta CB2 treatment significantly changed the expression of IL-1β and IFN-γ (F, I). Data are expressed as mean ± SD (n = 5 samples/group). *p < 0.05.

expression in the cornea and conjunctiva than the carrier group (Fig. 4A, p < 0.05). In the conjunctiva, expression of CB1R and CB2R in the THC treated group was lower than in both the carrier (p < 0.05) and the untreated group.

Fig. 4E–F shows that Anta CB1 and Anta CB2 treatments reduced the expression of CB1R and CB2R compared to the untreated control. In the cornea, there were statistic differences in CB1R expression between Anta CB1 and Anta CB2 treatments (Fig. 4E). Anta CB2 treatment significantly reduced the expression of CB2R in the cornea compared to the carrier (Fig. 4F).

Fig. 4G and H showed that Anta CB1 significantly increased the expression of both CB1R and CB2R in the conjunctiva (p < 0.01) compared to other groups. There was no statistical difference between Anta CB2 and the according carrier.

3.2.4. Effect of cannabinoid treatment on inflammation factors

IL-1β and INF-γ expression: DS significantly increased IL-1β in cornea and conjunctiva (Fig. 5A and B). IFN-γ was not detected in the cornea at an acceptable level (Cq values was over 35). Topically applying cannabinoids showed effects on the cytokine expression.

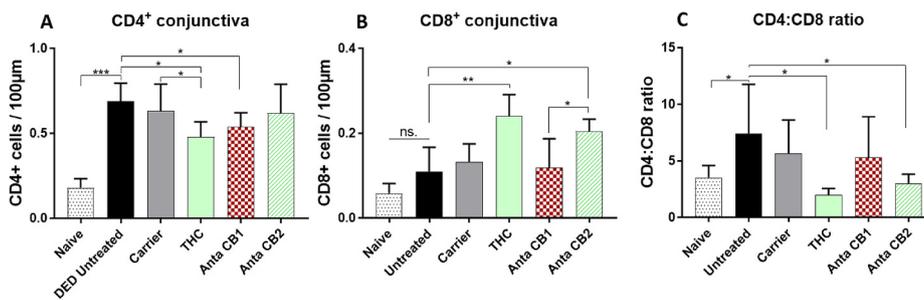


Fig. 6. (A) CD4⁺, (B) CD8⁺ cell density, and (C) CD4:CD8 ratio in conjunctiva of naïve and DED-induced mice after 10 days: (A) THC or Anta CB1 treatment reduced CD4⁺ density compared to the DED untreated group. (B, C) Treatment with THC or Anta CB2 increased CD8⁺ density and reduced CD4:CD8 ratio compared to the DED untreated group. Data are expressed as mean ± SD (n = 4 eyes/group). *p < 0.05, **p < 0.01, ***: p < 0.001.

Table 1
Summarizing the cannabinoid effects on DED phenotypes and other readouts.

Effects of CBR ligands		DED phenotypes and readouts						
		FL score	Sensitivity	Corneal nerve	CBR in cornea	IL-1 β in cornea	CD4 ⁺ conj.	CD8 ⁺ conj.
1	Activates CBR non-selectively	↓	Maintained	Maintained	↓	↓	↓	↑
2	Inhibits CBR 1 selectively	↓	Maintained	Ns.	↓	↓	↓	Ns.
3	Inhibits CBR 2 selectively	↓	Ns.	Ns.	↓	↓	Ns.	↑

(*Ns.: not significant, ↑: increase, ↓: decrease).

Applying THC for 10 days reduced the expression of IL-1 β in the cornea ($p < 0.05$, Fig. 5D) but not in the conjunctiva compared to the untreated group (Fig. 5E and F). Treatment with Anta CB1 and Anta CB2 reduced the expression of IL-1 β in the cornea (Fig. 5G) and conjunctiva (Fig. 5B) compared to DED untreated group. Only Anta CB2 treatment increased the expression of IFN- γ compared to Anta CB1 and carrier (Fig. 5I, $p < 0.05$).

Conjunctival CD4⁺ and CD8⁺ T-cell infiltration: DS increased CD4⁺ density in the conjunctival epithelium ($p < 0.05$, Fig. 6A), whereas THC treatment decreased the number of CD4⁺ cells significantly compared to the carrier and the DED untreated group. Treatment with Anta CB1 also reduced the CD4⁺ cells in the conjunctiva compared to the DED untreated group ($p < 0.05$). In contrast, Anta CB2 did not influence the number CD4⁺ cells in the conjunctiva.

THC or Anta CB2 treatment showed a higher CD8⁺ density than untreated DED mice (Fig. 6B). Consecutively, a significant decrease in CD4:CD8 ratio is present in the THC and Anta CB2 treated groups compared to the untreated group ($p < 0.05$, Fig. 6D).

The main effects of cannabinoids on DED phenotype are summarized in Table 1.

4. Discussion

This study describes for the first time a change of expression of CB1R and CB2R in cornea and conjunctiva during the induction of experimental DED. Topical application of cannabinoid ligands led to a consecutive reduction of receptor expression accompanied with amelioration of the induced DED phenotype. The expression of CBR in cornea and conjunctiva under healthy conditions has been published previously [35–37], however, this study shows that desiccating stress and consecutive development of a DED phenotypes upregulated CBRs expression, implicating a functional role in the pathophysiology of the disease. CB2R (mainly expressed on immune cells) was increased at a higher rate compared to CB1R during 10 days of DS. The increase of CB2R expression is most likely related to the well-known infiltration of immune cells into the ocular surface in the early phases of experimental DED [38,39]. An overexpression within resident immune cells, such as dendritic cells, could be another reason and should be investigated in future studies.

DED was shown to be accompanied with a significant increase in IL-1 β and IFN- γ levels at the ocular surface [34,40,41], together with an infiltration of CD4⁺ T cells in the conjunctival epithelium [24,34]. Activating CB2R down-regulates inflammatory mediators and reduces immune cell activity (such as macrophages, T-cells, or neutrophils) [7, 20,42]. Here, we observed a significant reduction of CD4⁺ T cells and IL-1 β in the cornea after topical application of THC (a CBR non-selective agonist). Although THC and CB2R-antagonist hereby both demonstrated similar results regarding IL-1 β in the cornea, the CB2R-antagonist lead to an additional increase of INF- γ expression in the conjunctiva. In an autoimmune mouse model, increasing IFN- γ was reported to decrease IL-1 β and subsequently IL-17 as an immune-regulatory response [43]. In this study, THC and the selective CB2R-antagonist also increased CD8⁺ density. Whether these CD8⁺ T cells may act as suppressor cells to prevent the pathogenic infiltration of CD4⁺ cells [44,45] remains to be investigated, but could explain the improvement of the ocular surface phenotype in our study. This potential anti-inflammatory pathway of

CB2R-antagonist should also be investigated further, as Th17 cells and subsequently IL-17 have been demonstrated in mouse models of DED as key effector cells/cytokine involved in destruction of epithelial barrier function [46,47]. Treatment with CB1R antagonist reduced IL-1 β (in cornea) and CD4⁺ cells (in conjunctiva), which can be explained by the fact that CB1R antagonists exhibited a similar or partial effect as CB2R agonists by decreasing inflammatory cytokines [48,49] or attenuating inflammation [50]. Overall, these findings indicate a functional role of CB2R in the pathophysiology of DED and its potential significance as a therapeutic target to treat the according inflammatory response.

The reduction of corneal epithelial staining, as the central macroscopic pathology in experimental DED, resulted from both treatment with THC and CBR antagonists. This is an interesting finding, as we expected only the non-selective agonist to be efficient. CB1R, expressed on corneal epithelial cells, co-localizes and interacts with transient receptor potential vanilloid (TRPV) proteins, hereby promoting epithelial wound healing [51]. In further studies using this mouse model this functional interaction should be analyzed, particularly, as TRPV proteins are involved in processes of neurosensation and inflammation and TRPV1-antagonists have been proposed and tested in first clinical trials to treat dry-eye related pain [52].

In this study, we also detected effects on neuronal function after topical cannabinoid application, suggesting a role of the ECS in corneal sensation. (i) CB1R selective antagonist and non-selective agonist (THC) displayed significant beneficial effects on mechanical sensitivity; (ii) THC maintained structure and density of the corneal subbasal nerve plexus.

Experimental DS in our setup reduced corneal sensitivity and decreased corneal nerve morphology, which is in concordance to previous findings [28]. Topical THC application preserved corneal nerve length and maintained corneal sensitivity. In contrast, the CB1 antagonist maintained only corneal sensitivity without preventing loss of corneal nerves, whereas the CB2 antagonist revealed no function in this respect. The pathway, through which THC facilitates its proposed neuroprotective function, is not investigated in the cornea, however it is likely that activation of CB1R by THC in DS leads to reduced neurotransmission and suppression of glutamate-mediated neurotoxicity (excitotoxicity) as previously published [13,16]. Treatment with THC, therefore, could open up the possibility to protect corneal nerves in potential neurodestructive conditions such as dry-eye or other neurodegenerative corneal diseases.

Interestingly, the CB1R antagonist also maintained corneal sensitivity, despite the loss of corneal nerves. This might be related to altered nerve transmission, in which inhibiting CB1R increases nerve transmission [53–55], hereby increasing sensitization levels and therefore compensating reduced numbers of nerves. However, increased nerve transmission is an abnormality which also lead to neuropathic cascades [56,57]. The latter, considering the recent investigation of neuropathic pain as part of dry-eye would be unfavourable and prohibit a longterm therapeutic use of CB1R antagonists.

In summary, the effects of topical cannabinoids on corneal nerves are complex. As it has been described that DED patients may present with both increased and decreased corneal sensitivity [58,59] there is a potential link of the ECS and corneal nerve function within different phases of the disease. THC more likely than the CBR1 antagonist could be used in order to protect corneal nerves and restore homeostasis of nerve

Table 2
Predicted cannabinoid effects on DED phenotype.

Ligands	CB1R		CB2R	
	Agonist	Antagonist	Agonist	Antagonist
Function	(–) neurotransmitter release (prevent hypertoxicity): GABA [13], noradrenaline [14], substance P [15]	(+) neurotransmitter release: substance P [54], acetylcholin [55]	(–) immune cells' activities (T-cell, macrophage, neutrophil, dendritic cells) [7,62] (–) secretion of cytokines (IL-1 β , IL-6 TNF- α) [20]	(+) IFN- γ [63] (+) IFN- γ decreased IL-1 β and subsequently IL-17 [43]
General effect	Neuroprotection [13,16] Maintain neuroplasticity [17]	Increasing neurotransmission [53]	Anti-inflammation [18]	Anti-inflammation through Th17/IL-17 axis [43]
Potential application in DED	Pain management [7] Maintain nerve morphology [17] Maintaining nociception [64]	Enhancing corneal nerve function (e.g. short-term application) [64]	Slow the inflammation progression of DED vicious circle [8,63] Regulating inflammation [7,18]	

(+): increase, (–): decrease.

function.

There are several limitations in this study. Corneal nerve function was measured by mechanical stimuli, only. It is well known, that corneal nerves carry different nociceptors (mechanical, cold, polymodal) and future investigations should take this into account and include further read-outs such as the use of capsaicin [60]. Also, we did not test potential effects on the intraocular pressure. Historically, the first use of topical cannabinoids formulated in eye drops was performed to treat glaucoma [61]. Finally, follow-up studies should investigate the role of CBRs in dry-eye disease by using, e.g. knock-out lines, and by examining in detail the proposed immune-regulatory mechanisms of topical cannabinoids.

Overall our data demonstrates evidence for the use of cannabinoid ligands as topical eye drops for the treatment of DED. Although the use of a combined CB1/CB2 agonist seems to be the most promising candidate, there are beneficial effects by selective ligands, that can be used short-term or to target specific pathomechanisms (Table 2). Ongoing studies will need to investigate the proposed modes-of-action in depth, address formulation issues and pharmacokinetics to elucidate potential side-effects and to proceed into clinical trial applications.

Declaration of competing interest

Bao Tran, Martina Maass, Gwen Musial, and Uta Gehlsen have no conflict of interests. Michael E. Stern is the member of ImmunEyez LLC, Irvine, CA, USA. Philipp Steven is named as co-inventor in a patent WO 2018/060282 A1

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Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.jtos.2021.12.008>.

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